



LUNCH - APRIL 2017

Lathrop R-II Elementary School



menus.opaafood.com

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

All Items Prepared Fresh Daily in the Opaa! Kitchen

All grains offered are Whole Grain-Rich

KEY:

- = Farm Fresh Product
- = May contain peanuts
- = Pork



Opaa! is proud to provide farm fresh, locally-grown products whenever they are available.

Partnering with us in this endeavor are the following

- Hamra Farms**
- Fahrmeier Farms**
- Rasa Orchard**
- Value Added Products**



Opaa! designs elementary menus to meet the nutrition targets for

HealthierUS School Challenge!

Don't forget to take the

"Extreme Fruit and Vegetable Challenge"

this month!

Choice of fat-free (unflavored or flavored) and unflavored low-fat milk offered DAILY!

3

- **BBQ Pork on Bun**
- **Super Nachos**
Refried Beans, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit
- **Taco Salad**, Mandarin Oranges, Fresh Fruit , Cornbread

4

- **Chicken Patty**
- **Roasted Pork**
Mashed Potatoes w/ Gravy, Broccoli Carrot Mix, Pineapple, Fresh Fruit , Hot Roll
- **Strawberry Chicken Salad**, Pineapple, Fresh Fruit , Hot Roll

6

- **Hot Dog**
- **Chili w/ Cinnamon Roll**
Fresh Garden Salad, French Fries, Fresh Fruit , Pears
- **Cobb Salad**, Fresh Fruit , Pears, Fruit Streusel Muffin

7

- **Tony's Pizza**
- **Fish Sandwich**
Fresh Garden Salad, Roasted Vegetables, Tropical Fruit, Fresh Fruit
- **Popcorn Chicken Salad**, Tropical Fruit, Fresh Fruit , Fruit Streusel Muffin

10

- **Chicken Nuggets w/ Italian Bread**
- **Meatball Sub**
Fresh Garden Salad, Corn, Applesauce, Fresh Fruit
- **Taco Salad**, Corn, Applesauce, Fresh Fruit , Cornbread

11

- **Cheeseburger**
- **Ham & Cheese French Toast Sandwich**
Tater Tots, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit
- **Cobb Salad**, Mandarin Oranges, Fresh Fruit , Fruit Streusel Muffin

12 Spring Feast

- **Chicken Patty**
- **Baked Ham**
Mashed Potatoes w/ Gravy, Glazed Carrots, Hot Roll, Fresh Fruit , Peaches, Lemon Crinkle Cookie
- **Strawberry Chicken Salad**, Hot Roll, Fresh Fruit , Peaches

13

- **Cheese Pizza**
- **Fish Tacos**
Fresh Garden Salad, Fresh Broccoli w/ Dip, Fresh Fruit , Pineapple
- **Popcorn Chicken Salad**, Fresh Broccoli w/ Dip, Fresh Fruit , Pineapple, Fruit Streusel Muffin

14 No School

17

- **Chicken Soft Tacos**
- **Frito Pie**
Fresh Garden Salad, Cowboy Beans, Fresh Fruit , Orange Pineapple Mix
- **Taco Salad**, Fresh Fruit , Orange Pineapple Mix, Cornbread

18

- **Chicken Patty**
- **Meatloaf**
Mashed Potatoes w/ Gravy, Steamed Broccoli, Fresh Fruit , Pears, Hot Roll
- **Strawberry Chicken Salad**, Pears, Fresh Fruit , Hot Roll

20

- **Cheeseburger**
- **Italian Sub**
French Fries, Fresh Garden Salad, Applesauce, Fresh Fruit
- **Cobb Salad**, Applesauce, Fresh Fruit , Fruit Streusel Muffin

21

- **Pepperoni Pizza**
- **Chicken & Avocado Club Wrap**
Fresh Garden Salad, Baby Carrots w/ Dip, Strawberry Banana Mix, Fresh Fruit
- **Popcorn Chicken Salad**, Strawberry Banana Mix, Fresh Fruit , Fruit Streusel Muffin

24

- **Hot Dog**
- **Turkey Burger**
French Fries, Fresh Garden Salad, Mandarin Oranges, Fresh Fruit
- **Cobb Salad**, Mandarin Oranges, Fresh Fruit , Fruit Streusel Muffin

25

- **Chicken Patty**
- **Roasted Pork**
Mashed Potatoes w/ Gravy, Broccoli Carrot Mix, Pineapple, Fresh Fruit , Hot Roll
- **Strawberry Chicken Salad**, Pineapple, Fresh Fruit , Hot Roll

27

- **Super Nachos**
- **Corn Dog**
Fresh Garden Salad, Refried Beans, Pears, Fresh Fruit
- **Taco Salad**, Pears, Fresh Fruit , Cornbread

28

- **Tony's Pizza**
- **Parmesan Chicken Sandwich**
Fresh Garden Salad, Roasted Vegetables, Tropical Fruit, Fresh Fruit
- **Popcorn Chicken Salad**, Tropical Fruit, Fresh Fruit , Fruit Streusel Muffin



This institution is an equal opportunity provider.

Download our mobile menu App at menus.opaafood.com.

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BREAKFAST - APRIL 2017

Lathrop R-II Elementary School



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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

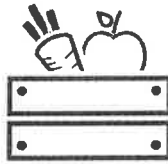
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Harvest



of the Month

Healthier School Challenge



HealthierUS School Challenge!

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3

- Scrambled Eggs, Toast & Jelly, Chilled Fruit, Fruit Juice
- Strawberry Shortcake Biscuits, Chilled Fruit, Fruit Juice
- Cereal, Toast & Jelly, Chilled Fruit, Fruit Juice
- Oatmeal, Toast & Jelly, Chilled Fruit, Fruit Juice

4

- Scrambled Eggs, Toast & Jelly, Chilled Fruit, Fruit Juice
- Strawberry Shortcake Biscuits, Chilled Fruit, Fruit Juice
- Cereal, Toast & Jelly, Chilled Fruit, Fruit Juice
- Oatmeal, Toast & Jelly, Chilled Fruit, Fruit Juice

5

- Cinnamon Roll, Chilled Fruit, Fruit Juice
- Egg & Cheese Bagel, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

6

- Sausage Pancake on Stick , Chilled Fruit, Fruit Juice
- Yogurt, Fruit Streusel Muffin, Chilled Fruit, Fruit Juice
- Cereal, Cinnamon Toast, Chilled Fruit, Fruit Juice
- Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice

7

- Biscuits & Gravy, Sausage , Chilled Fruit, Fruit Juice
- Mini Pancakes, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

10

- Biscuits & Gravy, Sausage , Chilled Fruit, Fruit Juice
- Mini Waffles, Chilled Fruit, Fresh Fruit
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

11

- Pancake Sausage Griddle , Chilled Fruit, Fruit Juice
- Yogurt, Fruit Streusel Muffin, Chilled Fruit, Fruit Juice
- Cereal, Cinnamon Toast, Chilled Fruit, Fruit Juice
- Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice

12

- Cinnamon Roll, Chilled Fruit, Fruit Juice
- Breakfast Nachos, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

13

- Scrambled Eggs, Toast & Jelly, Chilled Fruit, Fruit Juice
- Chocolate Stuffed Croissant, Chilled Fruit, Fruit Juice
- Cereal, Toast & Jelly, Chilled Fruit, Fruit Juice
- Oatmeal, Toast & Jelly, Chilled Fruit, Fruit Juice

14

17

- Biscuits & Gravy, Sausage , Chilled Fruit, Fruit Juice
- Mini Pancakes, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

18

- Pancake Sausage Griddle , Chilled Fruit, Fruit Juice
- Yogurt, Fruit Streusel Muffin, Chilled Fruit, Fruit Juice
- Cereal, Cinnamon Toast, Chilled Fruit, Fruit Juice
- Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice

19

- Cinnamon Roll, Chilled Fruit, Fruit Juice
- Egg & Cheese Bagel, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

20

- Sausage Pancake on Stick , Chilled Fruit, Fruit Juice
- Yogurt, Fruit Streusel Muffin, Chilled Fruit, Fruit Juice
- Cereal, Cinnamon Toast, Chilled Fruit, Fruit Juice
- Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice

21

- Biscuits & Gravy, Sausage , Chilled Fruit, Fruit Juice
- Mini Pancakes, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

24

- Pancake Sausage Griddle , Chilled Fruit, Fruit Juice
- Yogurt, Fruit Streusel Muffin, Chilled Fruit, Fruit Juice
- Cereal, Cinnamon Toast, Chilled Fruit, Fruit Juice
- Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice

25

- Pancake Sausage Griddle , Chilled Fruit, Fruit Juice
- Yogurt, Fruit Streusel Muffin, Chilled Fruit, Fruit Juice
- Cereal, Cinnamon Toast, Chilled Fruit, Fruit Juice
- Oatmeal, Cinnamon Toast, Chilled Fruit, Fruit Juice

26

- Cinnamon Roll, Chilled Fruit, Fruit Juice
- Breakfast Nachos, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice

27

- Breakfast Sliders, Chilled Fruit, Fruit Juice
- Apple Turnover, Chilled Fruit, Fruit Juice
- Cereal, Toast & Jelly, Chilled Fruit, Fruit Juice
- Oatmeal, Toast & Jelly, Chilled Fruit, Fruit Juice

28

- Biscuits & Gravy, Sausage , Chilled Fruit, Fruit Juice
- Mini Waffles, Chilled Fruit, Fruit Juice
- Cereal, Yogurt, Chilled Fruit, Fruit Juice
- Oatmeal, Yogurt, Chilled Fruit, Fruit Juice



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